

## Tidsplan for 100 km Als rundt 2015

Start	07:00	05:30			06:00			06:30			Pause	
		Km	Trip tid	Total tid	Kl.	Trip tid	Total tid	Kl.	Trip tid	Total tid		Kl.
P1	Vestervej	10,0	00:55:00	00:55:00	<b>07:55:00</b>	01:00:00	01:00:00	<b>08:00:00</b>	01:05:00	01:05:00	<b>08:05:00</b>	05:00
P2	Østkystvejen	19,7	00:53:21	01:53:21	<b>08:53:21</b>	00:58:12	02:03:12	<b>09:03:12</b>	01:03:03	02:13:03	<b>09:13:03</b>	05:00
P3	Sørens Møllevej	26,0	00:34:39	02:33:00	<b>09:33:00</b>	00:37:48	02:46:00	<b>09:46:00</b>	00:40:57	02:59:00	<b>09:59:00</b>	05:00
P4	Nedergade (lystbådhave)	30,5	00:24:45	03:02:45	<b>10:02:45</b>	00:27:00	03:18:00	<b>10:18:00</b>	00:29:15	03:33:15	<b>10:33:15</b>	05:00
P5	Troldhøj	35,5	00:27:30	03:35:15	<b>10:35:15</b>	00:30:00	03:53:00	<b>10:53:00</b>	00:32:30	04:10:45	<b>11:10:45</b>	05:00
P6	Skærveagervej	42,5	00:38:30	04:18:45	<b>11:18:45</b>	00:42:00	04:40:00	<b>11:40:00</b>	00:45:30	05:01:15	<b>12:01:15</b>	05:00
P7	Søvænget	52,0	00:52:15	05:16:00	<b>12:16:00</b>	00:57:00	05:42:00	<b>12:42:00</b>	01:01:45	06:08:00	<b>13:08:00</b>	05:00
P8	Rødenæbvej	58,4	00:35:12	05:56:12	<b>12:56:12</b>	00:38:24	06:25:24	<b>13:25:24</b>	00:41:36	06:54:36	<b>13:54:36</b>	05:00
P9	Lervandstedvej	63,4	00:27:30	06:28:42	<b>13:28:42</b>	00:30:00	07:00:24	<b>14:00:24</b>	00:32:30	07:32:06	<b>14:32:06</b>	05:00
P10	Lusigvej	68,6	00:28:36	07:02:18	<b>14:02:18</b>	00:31:12	07:36:36	<b>14:36:36</b>	00:33:48	08:10:54	<b>15:10:54</b>	05:00
				06:00			06:30			07:00		
P11	Overballe	73,2	00:27:36	07:34:54	<b>14:34:54</b>	00:29:54	08:11:30	<b>15:11:30</b>	00:32:12	08:48:06	<b>15:48:06</b>	03:00
P12	Ugebjergvej	76,9	00:22:12	08:00:06	<b>15:00:06</b>	00:24:03	08:38:33	<b>15:38:33</b>	00:25:54	09:17:00	<b>16:17:00</b>	03:00
P13	Brandbjergvej	82,1	00:31:12	08:34:18	<b>15:34:18</b>	00:33:48	09:15:21	<b>16:15:21</b>	00:36:24	09:56:24	<b>16:56:24</b>	03:00
P14	Bækmade	86,7	00:27:36	09:04:54	<b>16:04:54</b>	00:29:54	09:48:15	<b>16:48:15</b>	00:32:12	10:31:36	<b>17:31:36</b>	03:00
				06:30			07:00			07:30		
P15	Banegårdsgade	90,5	00:24:42	09:32:36	<b>16:32:36</b>	00:26:36	10:17:51	<b>17:17:51</b>	00:28:30	11:03:06	<b>18:03:06</b>	04:00
P16	Huholtvej	94,8	00:27:57	10:04:33	<b>17:04:33</b>	00:30:06	10:51:57	<b>17:51:57</b>	00:32:15	11:39:21	<b>18:39:21</b>	04:00
P17	Sundsmarkvej	99,0	00:27:18	10:35:51	<b>17:35:51</b>	00:29:24	11:25:21	<b>18:25:21</b>	00:31:30	12:14:51	<b>19:14:51</b>	04:00
P18	Mål stadion	100,0	00:06:30	10:46:21	<b>17:46:21</b>	00:07:00	11:36:21	<b>18:36:21</b>	00:07:30	12:26:21	<b>19:26:21</b>	